

Table 8

Words for Processing the Adventure Experience		
Word	Root Meaning	Meaning Today as a Learning Tool
Reflect	<ul style="list-style-type: none">• prefix <i>re</i>, meaning “again”• <i>flect</i> from Latin, meaning “to bend”• literally “to bend back”	Just as a person can discover what they look like in a mirror, so a person can learn by <i>thinking back</i> on a previous experience.
Process	<ul style="list-style-type: none">• from Latin, meaning a procedure or steps	To learn from a previous experience by <i>going through a series of steps</i> to understand it better.
Debrief	<ul style="list-style-type: none">• prefix <i>de</i>, meaning “from”• <i>brief</i>, meaning “short explanation”• literally “from a short explanation”	To learn by <i>comparing the original explanation</i> to the previous experience. * Note: The original explanation is where the instructions are given to participants in advance. This is usually called briefing or framing the experience. “Framing or briefing the experience sets the stage for what is about to take place. Framing provides individuals with lead time before an activity or experience so that they have an opportunity to think about it and prepare for it.” ⁹² Sometimes the participant is prepared for the experience through a process called “frontloading” in which what will be learned is discussed ahead of time.
Review	<ul style="list-style-type: none">• prefix <i>re</i>, meaning “again”• <i>view</i>, meaning “to see” literally “to see again”	To learn from <i>looking back</i> at a previous experience.
Evaluate	<ul style="list-style-type: none">• prefix <i>e</i>, meaning “from”• <i>value</i>, meaning “of worth”• literally “from value or worth”	To learn by determining <i>what was of value or worth</i> from the previous experience.
Critique	<ul style="list-style-type: none">• from Latin, meaning “to judge”	To learn from a previous experience by <i>judging or examining</i> .
Analyze	<ul style="list-style-type: none">• from Greek <i>ana</i>, meaning “up”• <i>lysis</i>, meaning “to loose” literally “to loose or break up”	To learn from a previous experience by <i>breaking it up into parts</i> .
Bridge	<ul style="list-style-type: none">• to connect as a literal bridge connects one part of land with another	To learn from a previous experience by <i>connecting it with other concepts</i> .
Closure	<ul style="list-style-type: none">• from French, meaning “to shut”	To <i>provide conclusion</i> to a previous experience by summarizing what is learned.